

General Guidelines, Terms & Conditions for Eccles Gymnastics Club

Parent Portal

Our software provider is iClassPro. Please ensure that your details of your members are correct on your account. The parent portal is available here;
<https://app.iclasspro.com/parentportal/ecclesgymnastics/>

Discontinuing

If you wish to discontinue your child's classes, please notify us by email:
ecclesgymclub@gmail.com.

Changing Clubs

As per rule 13 of the Gymnastics Ireland Rules & Regulations, if a gymnast wishes to change clubs during a membership year a 'Club Transfer Form' must be completed & signed by Eccles GC & the other club and sent to Gymnastics Ireland for approval. Download here:

[Gymnastics Ireland Club Transfer Form](#)

New Members

For club news on available term & camp places for non-members please join our mailing list on
www.ecclesgymnasticsclub.ie

When we have class availability for non-members we will notify everyone by email. Places will be available only through our parent portal and will be issued on a first come first serve basis. Children must be booked in the correct class time. Places booked in the incorrect age group will be refunded and the place will be lost.

As we are a part-time club with limited use of the hall, when we do have places they are usually very limited. Non-members should therefore also register their interest with other gymnastics clubs to avoid disappointment.

Communication

All club communications will be through email. If you are not receiving our emails please let us know at: ecclesgymclub@gmail.com.

Parents are welcome to discuss their child's progress, needs or concerns with the coaches. While coaches are happy to help parents with any questions, this needs to be done before or after the class. Any discussions that you have with the coach should relate to the training of your child only and should not refer to the training of any other child.

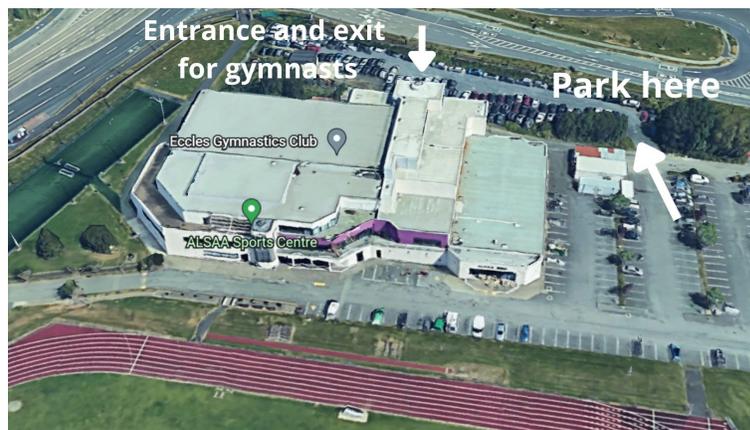
Safety:

Parents / Guardians and other family members are not permitted inside the main gymnasium during the training session unless invited by a coach. The rule is also enforced for the safety of the gymnasts and the parents. We ask parents to refrain from attracting the attention of gymnasts during training especially during Open Training Sessions / Parent Invitational Sessions at the end of each term. If your child needs to leave early please inform their coach before the class starts. In the event of low class numbers, groups may be combined.

Arrival & Pick Up:

All gymnasts will enter through the back ALSAA entrance. Please see map below for drop off and pick up zones. We will only be open for entry to the hall at the time of your class. Participants must not arrive more than 5 minutes before their class time as access to the hall will not be granted until the start of class.

Please ensure that your child is dropped off into class on time and is collected on time. At the end of each training session, gymnasts will be released back to their parents from the back emergency exit door. We ask for patience as we safely dismiss the gymnasts at the end of the training session to the parents outside. All gymnasts must be collected promptly to allow the next session to safely begin. This is imperative as we are running a tight schedule. Please only park in the designated car parking area. Please do not drive around to the back exit door and park there as it is dangerous to our young gymnasts.



Photography, Video & Use of Images:

Images and videos taken in the gym may be used in the official club website or social media pages managed by Eccles Gymnastics Club. Parents / Guardians consent to the use of images as part of the Annual Gymnastics Ireland Mandatory Agreement. Parents / Guardians wishing to video or photograph their own children at the club may do so during Open Training / Parent Invitational Sessions. However the images must focus on your child only. Coaches may video gymnasts as a coaching aid.

Change of Status or contact details

It is your responsibility to notify Eccles Gymnastics of any change in your address, phone number, email address or any change in your child's medical condition or behaviour. Club information and news will be communicated to all members by email.

Calendar

It is the responsibility of the parents / guardians to be aware of important calendar dates (No gym dates, end of term etc.)

Each term a provisional calendar will be posted on the club website www.ecclesgymnastics.ie on the calendar page and on the 'news' section of the customer portal. Any term date changes will be sent to everybody by email and the calendar will be updated on the club website.

Drinks & Food

No food is allowed on the equipment at any time. Gymnasts should bring their own water bottle (only water allowed) and leave it in the designated area for the entire session. Please ensure that all drink bottles are in spill proof containers & have names on them. As we have a number of gymnasts with nut allergies, Eccles Gym Club is a nut free zone. We ask that you respect this for the safety of our gymnasts.

Gymnasts clothing

Tracksuit bottoms or shorts with a tucked in t-shirt are best for the boy's recreation class. Leotard and leggings (over the leotard) are best for girl's recreation class but if they do not have these, tracksuit bottoms, leggings or shorts with a tucked in t-shirt. Competitive classes should dress in a leotard with gymnastic shorts or leggings. Please ensure there are no buttons, zippers or anything that can catch on equipment or injure the gymnast or coach during their training session. Bare feet or gymnastic shoes are the safest and only accepted footwear. Socks are not advised as they can cause the child to slip. If your child has any medical concerns with his / her feet (Verruca's or open sores etc.), athletic tape or gymnastics shoes must be worn. Hair should be secured back off the face and neck with elastics and clips. No jewellery is to be worn by gymnasts - includes ear piercings, naval piercings and any other body piercing, rings, necklaces, bracelets, watches, fitbits etc.

Lost Property

All gymnasts should ensure that they bring all personal property home with them. Eccles Gymnastics club are not responsible for any lost or stolen items in the facility. It is advisable for items of clothing, drink bottles, hand grips & wrist bands to be clearly marked with the child's name. There is a lost property box in the equipment room. At the end of each training session, coaches will deposit any items left in the gymnasium for parents or guardians to reclaim. Please note that any unclaimed lost property will be given to a clothes charity if not collected within 1 month.

Illness or Injury

Please do not send your child to gymnastics class if they are injured or sick. In certain circumstances following an illness or injury the club may request a medical doctor's certificate to return to training.